

SANIBONANI!

September 2020

Prayer requests:

Please pray that Ntokozo's photography & videography work would continue to grow and gain momentum.

Please pray for the upcoming conference in Joburg, for safe travels and a great time of fellowship.

Please pray women would continue to find Choices and receive the support they need in a crisis pregnancy.

Please pray my asthma/throat would heal and feel normal again.

Hey wonderful people,

I don't imagine this will be a huge or exciting update, but it's been great to get back into regular updates and catching up with some of you guys so here we go!

South Africa has moved into level one of lockdown since my last update, meaning a lot of society seems pretty much back to normal aside from the social distancing and mask rules, which a lot of people are flouting obviously. We definitely wouldn't be surprised if a second wave hits, most schools and industries seem to be open, I'm sure we'll pretty much follow the same path as the UK, but hopefully we'll keep our fatality rate low!

That's enough about covid, I'm sick of talking about it as I'm sure all of you are too. As for news, there isn't too much unfortunately! On the Choices side, we did a two-day school prevention training with Africa Cares for Life called 'Undiluted', which has given us an amazing programme to use and follow when we can eventually get back into schools. It's a ten week programme, covering a huge number of topics such as teenage pregnancy, STI's and HIV, healthy relationships, responsible choices and so much more. The programme will be an amazing addition to our work at Choices, and hopefully one day we'll have a dedicated team of young people to facilitate it in local schools with both boys

and girls together (something we never quite figured out with the Dignity programme). We're really excited about Undiluted and the opportunity to prevent any teenage or crisis pregnancies before they get to our doors!

As well as the training, we have met as a team a couple of times just to catch up, and we may start opening the centre a couple of days a week once we manage to get some Wi-Fi, but mainly just to be present in the centre and to save ourselves from boredom. We've seen a bit of a decline in women coming to us, but hopefully this is just a blip and they will continue to find us! There definitely isn't a decline in crisis pregnancy, just a decline in referrals and clients finding out about Choices, which is something we can work on!

On a personal side, we've been carrying on as before! Ntokozo has been busy with his law assignments, and has done a couple of photography shoots (yay!), I've been doing some online courses as well as manning the Choices phone. We went for a little



weekend break in Durban thanks to a blessing of a cash injection from my family. It was super nice to get away together and be in a new environment near the ocean and the sun! I've also been taking part in a training with some of the ladies from Ethembeni and some others from Mpophomeni called 'The Effective Manager', which has been quite interesting. My asthma/lungs/throat have been giving me issues recently, but the doctor wasn't too worried and has a few ideas of what could be happening, none of which sound serious!

That's about it for this month I'm afraid. At the end of October, I'll be heading up to Joburg for the Africa Cares for Life annual conference which I'm really excited about! Other than that, I'm sure it'll be more of the same. Once again, a huge thank you to everyone for your continued support and prayers, and a big shout out to those of you who are supporting us financially, we're so incredibly grateful and feel so blessed. Hopefully we'll be able to get back to the UK eventually... Until then, lots of love and God bless, Steph & Ntokozo xxx

If you're at all interested in supporting me, whether it be spiritually, financially or you just want to check in, please do send me an email or WhatsApp, and check out my Stewardship UK page for donations or regular giving.

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